



# Home of the Rams

## September 2019 Lunch Menu

Served Daily - Choice of Veggie of the month: Corn  
 Choose Two Sides: Veggie or Side Salad, Apple Sauce or Peaches

Have a Question? Email us at: [lunchroom@arcsgalloway.org](mailto:lunchroom@arcsgalloway.org)

### Lunch Meal Price

(No Substitutes)

\$3.25 PreK - 1st Grade

\$3.75 2nd Gd - 8th Gd

Price Includes: Entree listed on menu below, two sides, choice of one 8oz 2% white, 1% choc milk, 1% strawberry milk, 8 oz. water, or apple juice box  
 (Except for Pizza Days which are ala carte)

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
		Early Dismissal No Lunch	Early Dismissal No Lunch	Brown Bag Lunch Day Please send your child to school with a brown bag lunch and beverage
9	10	11	12	13
Chicken Nuggets Mac and Cheese Choice of Sides	Penne Pasta Meatball Garlic Bread Stick Choice of Sides	Hot Dog Sliders Chili Potato Chips Choice of Sides	Hot Ham and Cheese Bagel Pasta Salad Choice of Sides	Pizza Lunches Ala Carte Pizza Slice \$2.00 Pepperoni \$0.50 Cookies \$1.50
16	17	18	19	20
Mini Pierogies w/ Butter Sauce Polish Kielbasa Choice of Sides	Chicken Caesar Salad w/ Pita Bread Sun Chips Choice of Sides	Sloppy Joes Cole Slaw Choice of Sides	Mozzarella Sticks Marina Sauce Side Salad Choice of Sides	Pizza Lunches Ala Carte Pizza Slice \$2.00 Pepperoni \$0.50 Cookies \$1.50
23	24	25	26	27
Chicken Nuggets Mac and Cheese Choice of Sides	Penne Pasta Meatball Garlic Bread Stick Choice of Sides	Hot Dog Sliders Chili Potato Chips Choice of Sides	Hot Ham and Cheese Bagel Pasta Salad Choice of Sides	Pizza Lunches Ala Carte Pizza Slice \$2.00 Pepperoni \$0.50 Cookies \$1.50
30	1	2	3	4
Mini Pierogies w/ Butter Sauce Polish Kielbasa Choice of Sides	Swedish Meatballs w/ Brown Gravy Served over Egg Noodles Choice of Sides	Breaded Chicken Patty Sandwich Sun Chips Choice of Sides	Pizza Thursday Lunches Ala Carte Pizza Slice \$2.00 Pepperoni \$0.50 Cookies \$1.50	Early Dismissal No Lunch

### Ala Carte Menu

All items listed below are served ala carte and are in addition to the regular menu prices

**September Feature Item**  
 Churros -\$1.50

**\*French Bread Pizza - \$2.00**

**\*Garden Salad - \$2.00**

Romaine lettuce, tomatoes, carrots  
 4 oz of cubed chicken - \$1.50

**\*Cold Sandwiches - \$1.50**

Peanut Butter & Jelly  
 Cheese Sandwich  
 Turkey & Cheese Sandwich

**\*Miscellaneous**

Soft Hot Pretzel - \$1.00  
 Yoplait Yogurt - \$1.00  
 Yogurt Parfait - \$2.00  
 Fresh Fruit Cup - \$1.00  
 Apple Sauce/ Peaches Cup - \$0.75  
**Hard Boiled Egg - \$1.50 (\*new item)**  
 Fresh Whole Fruit when available - \$0.50

**\*Extras Salad dressing and dips - \$.025**

**\*Drinks**

White 2% Milk - \$0.75  
 Chocolate 1% Milk - \$0.75  
 Strawberry 1% Milk - \$0.75  
 Water 8 oz. - \$0.75  
 Water 16 oz. - \$1.25  
 Apple Juice box - \$0.75  
 Snapple 100% Juice - \$1.50  
 Vitamin Water - \$1.50

**\*Ice Cream**

Small - \$0.75 Med \$1.50 Large - \$2.00

**\*Assorted Snacks - \$0.75 - \$1.00**

Animal Crackers, Rice Crispy Treats, Chips, etc.

**\*\*2019-2020 School Year Prices Subject to change**